

# Coach David La Pour 2021 RBC Improvement Program



“David's passion for golf and love of the game is apparent the moment you meet him. He has a brilliant eye and is the reason I've been able to take over 20 strokes (and counting!) off my score!”

Barb S.



“Your work with me has made a world of difference!”

Larry H.

## Dear Golf Student – Welcome to: Results Based Coaching (RBC)®

Did you know the old model of just beating balls, and driving range lessons is broken? After 30 years of coaching golf, I find myself in a fortunate position to do the thing I love most, exclusively coach and help others play great golf! I know that this may not be a big surprise to many of you, but being independent of employers has allowed me to focus my career on helping students reach their goals of enjoying and playing their best golf. Supported by the Results Based Coaching approach which combines Play, Individual, Team, & Virtual coaching methods, your golf game is guaranteed to get better!

### The RBC Process

- **Step #1 Goals and commitment** - We will work together to clearly define your goals and your commitment level and track your 30, 90 & 180 day progress to ensure success.
- **Step #2 On course and off course game assessments** - Used to determine strengths and weaknesses in order to develop your personalized *Game Plan for improvement* (play, practice & equipment) .
- **Step #3 TPI physical assessment & injury avoidance session** which will allow us to find out about your mobility and stability while playing healthy.
- **Step #4 Personalized Game Plan** - We will sit down to create a personalized plan to ensure a clear path to your success using the RBC method.

[Don't let this opportunity pass you by – Contact me today!](#)

[dl@davidlapourgolf.com](mailto:dl@davidlapourgolf.com) or 843-295-8239

David La Pour – PGA Director of Coaching - Mission Golf Academy

[www.davidlapourgolf.com](http://www.davidlapourgolf.com)

# RBC IN-PERSON + VIRTUAL COACHING PROGRAM COMPONENTS

## Foundation Par Program

In-Person + On Demand Instruction  
3-6-Month Commitment

CoachNow RBC Account

9- Hole Playing, Equipment, Mental Assessment

20-Hours of personalized coaching sessions include:

- Playing Lessons (On local area golf courses)
- Individual Coaching (In person & Zoom)
- Group Coaching (In person & Zoom)
- Virtual Coaching (Golf swing analysis on CoachNow)

6-Month Improvement Game Plan (Google Calendar)

Local Golf Travel Opportunities & Pro-Am/Charity events

David La Pour Monthly Golf Tips & Blog Posts

## Virtual Monthly Instruction Program

CoachNow RBC Account

2 CoachNow Video Swing Analysis  
(with drills & correct practice)

1 Monthly Zoom Call (30 min. recorded)

RBC Monthly Golf Tips & Blog



## Birdie Program

In-Person + On Demand Instruction  
6-12 month Commitment

CoachNow RBC Account

9- Hole Playing, Equipment, Mental Assessment

40-Hours of personalized coaching sessions include:

- Playing Lessons (On local area golf courses)
- Individual Coaching (In person & Zoom)
- Group Coaching (In person & Zoom)
- Virtual Coaching (Golf swing analysis on CoachNow)

12-Month Improvement Game Plan (Google Calendar)

TrackMan Launch Monitor lessons & practice use

Custom Tour Tempo practice & play program

Regional Golf Travel Opportunities & Pro-Am/Charity

David La Pour Monthly Golf Tips & Blog Posts

## Tools for RBC Success



## Eagle Program

In-Person + On Demand Instruction  
8-12 Month Commitment

CoachNow RBC Account

18 - Hole Playing, Equipment, Mental Assessment

80-Hours of personalized coaching sessions include:

- Playing Lessons (On local area golf courses)
- Individual Coaching (In person & Zoom)
- Group Coaching (In person & Zoom)
- Virtual Coaching (Golf swing analysis on CoachNow)

• 12-Month Improvement Game Plan (Google Calendar)

• TrackMan Launch Monitor Lessons & Practice

• Customized Tour Tempo Practice & Play sessions

• Titleist Performance fitness screen & work out program

• Priority in golf travel including National & Int. Golf Travel Opportunities & Pro-Am/Charity events

• Special Invitations

• David La Pour Monthly Golf Tips & Blog Posts

*“Manage Your Golf Game!”*



[www.davidlapourgolf.com](http://www.davidlapourgolf.com)